

# Siguldas Kompass 2020 - 29.kārta

Individuālie treniņi

Laurenči

Z

M 1:10'000

H 5m

S!

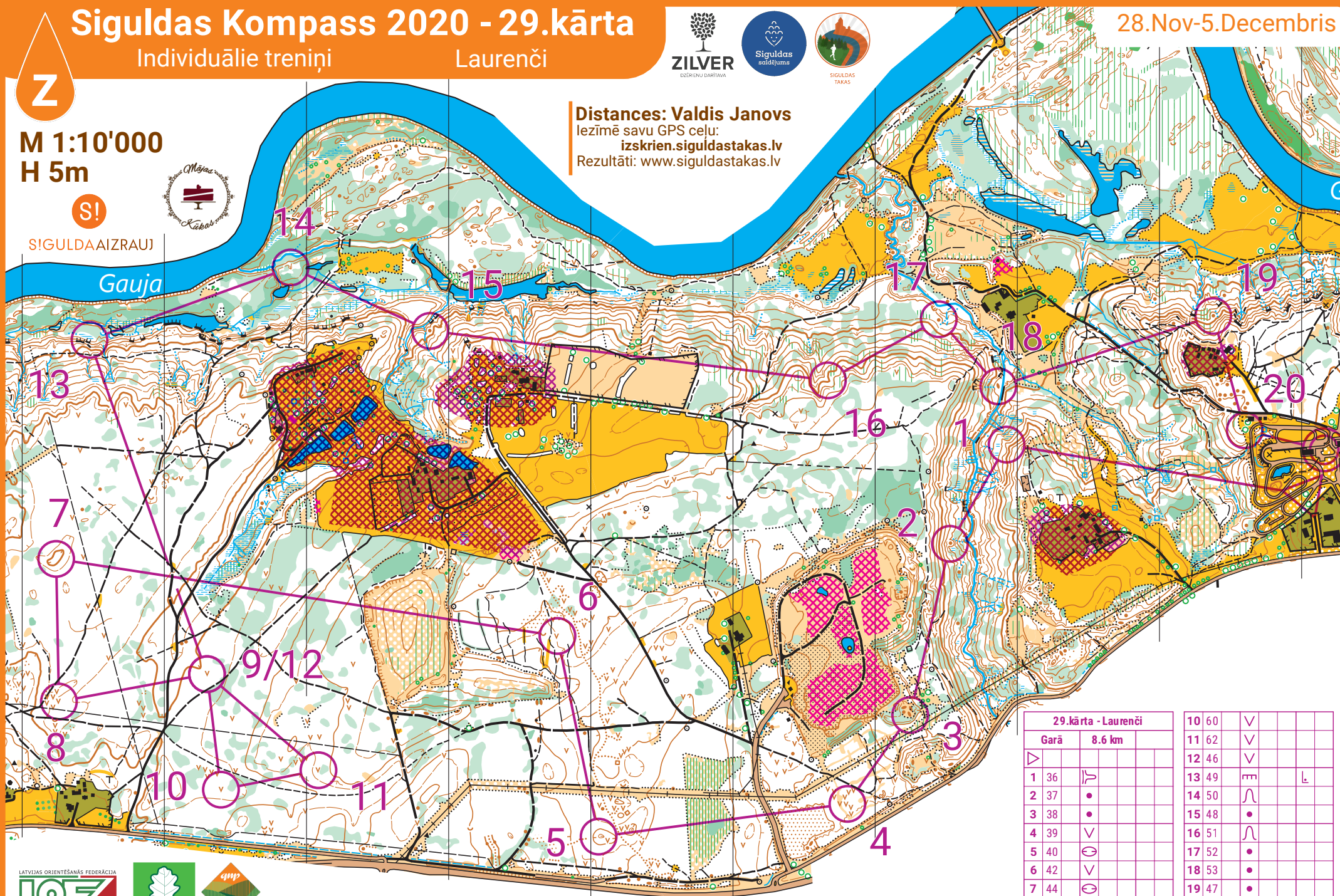
SIGULDAIZRAUJ

Gauja

Distances: Valdis Janovs  
Iezīmē savu GPS ceļu:  
[izskrien.siguldastakas.lv](http://izskrien.siguldastakas.lv)  
Rezultāti: [www.siguldastakas.lv](http://www.siguldastakas.lv)



28.Nov-5.Decembris



| 29.kārta - Laurenči |    |        |  |    |     |   |   |
|---------------------|----|--------|--|----|-----|---|---|
| Garā                |    | 8.6 km |  |    |     |   |   |
| ▶                   |    |        |  | 10 | 60  | ✓ |   |
|                     |    |        |  | 11 | 62  | ✓ |   |
|                     |    |        |  | 12 | 46  | ✓ |   |
| 1                   | 36 | •      |  | 13 | 49  | ✓ | L |
| 2                   | 37 | •      |  | 14 | 50  | ✓ |   |
| 3                   | 38 | •      |  | 15 | 48  | • |   |
| 4                   | 39 | ✓      |  | 16 | 51  | ✓ |   |
| 5                   | 40 | ✓      |  | 17 | 52  | • |   |
| 6                   | 42 | ✓      |  | 18 | 53  | • |   |
| 7                   | 44 | ✓      |  | 19 | 47  | • |   |
| 8                   | 45 | ✓      |  | 20 | 100 | ✓ |   |
| 9                   | 46 | ✓      |  |    |     |   |   |

Karte: Māris Strautnieks (2018) LOF Nr.#1204

